

November News

YMCA of Morgan County



2023 Pumpkin Plunge

FOR YOUTH DEVELOPMENT

Y's Owl Preschool

The Y offers whole child development within a safe & nurturing environment for ages 3-5. Swim lessons included! Half day, full day, or extended day rates available. Sign up today!

Before & After School Care

Programs to meet the needs of children and parents.
MSD of Martinsville PreK-8th
After care only at Bell & Wooden
Eminence Schools K-8th
Monroe-Gregg K-8th (After School Only)

Discover the difference you can make with a YMCA Career

At the Y, not only will you discover the difference you can make in the lives of others, but you'll also discover that working for the Y is more than just a job.

- Operations Director
- Maintenance
- Membership Representative
- Lifeguard
- After-school Program Aide (multiple sites)
- Before & After School Site Coordinator (multiple sites)

APPLY TODAY



Contact Us

YMCA of Morgan County

2039 E Morgan Street
Martinsville, IN 46151

Phone 765-342-6688
Fax 765-342-9670
Email info@bbjymca.org

Website
ymcamorgancounty.org

Facebook
[@ymcamorgancounty.org](https://www.facebook.com/ymcamorgancounty.org)

Instagram
[@ymcamorgancounty](https://www.instagram.com/ymcamorgancounty)

Hours of Operation

Mon - Thurs:
6:00am - 9:00pm
Friday:
6:00am - 6:00pm
Saturday:
8:00am - 6:00pm
Sunday:
12:00pm - 4:00pm

FOR HEALTHY LIVING



Fall Foliage Community Night

MOSSA Group Power

Using an adjustable barbell, weight plates, and body weight, Group Power combines squats, lunges, presses, and curls with functional integrated exercises

Mooreville Fitness Classes @ One Place at Life Pointe Church in Mooreville

Mondays & Fridays 9 AM MOSSA Group Power, 10 AM Strength & Cardio, Yoga Stretch last Friday monthly at 9 AM

Virtual Classes Looking for at-home workout variety?

YMCA360 is free with your membership and available on your phone, computer, or TV. Visits [YMCA360.org](https://www.ymca360.org) to start!

Pickleball

Combining elements of badminton, tennis and ping-pong.

Corporate Memberships

Health and fitness benefit the employer with reduced health care costs, increased productivity & decreased absenteeism.

Beginner Yoga

Beginner yoga is a slow-paced stretching class with some simple breathing exercises. This is a good class to learn relaxation techniques and beginner poses to get comfortable with yoga.

FOR SOCIAL RESPONSIBILITY

Financial & Career Coaching

Work with our Community Needs Coordinator to build a resume, practice interview skills, create a family budget, set a financial goal and steps to achieve it.

Community Table

Free Homemade Dinners Thursdays 6-7 pm; Drive Thru distribution at First Christian Church of Morgantown

Parent Café

Connect with parents of all types by sharing stories, experiences, worries, fears, wisdom, and find community & strength together.

Our November Parent Café is November 16 at 5:30pm at the YMCA. RSVP on Facebook or by calling 765-342-6688

Invest in Youth Annual Campaign

Helps youth in need pay for preschool, camp, out of school care, and sports. Can you help?



Fall Foliage Parade Float Winners

Important Reminders

Save the Date: YMCA Good Friday Breakfast, Friday, March 29, 7:15 am at the YMCA.

We are closed on Thanksgiving Day, November 23.

Before and After School Care - Out of School Camp available on Wednesday, 11/22 and Friday, 11/24.