

## **SPIRIT \* MIND \* BODY**

## YMCA OF MORGAN COUNTY MORGAN IN MOTION 2023 5K Run/Walk Series

For your spiritual health... For your mental health... For your physical health...

Join us at some of Morgan County's scenic parks

MONTHLY- on the last Wednesday Starting at 6:00 PM All events are free to the community

April 26-Highland Lakes Baptist Camp May 31-Jimmy Nash Park Aug 30-Pioneer Park Jun 28-Burkhart Creek Park Sep 27-League of Miracles Field Jul 26-Waverly Park

Oct 25-Bradford Woods

For more information or to preregister go to ymcamorgancounty.org

Thank you to our sponsors:









FAIRWAY zens

YMCA OF MORGAN COUNTY 2039 E. Morgan St., Martinsville 765-342-6688 ymcamorgancounty.org