



Get Healthy in 2018

MADE (Morgan Adult Diet and Exercise) is a free 8 week program for adults focused on nutrition and exercise, offered in partnership by IU Health Morgan and the Barbara Jordan YMCA. A different topic will be presented each week.

Mondays, 12:30 – 2 pm

Beginning July 23

Call 765.349.6736 option #6 or call 765.342.6688 to register.

A physician order is not required.



Indiana University Health



Kendrick Foundation, Inc.